

## Healthtech



## **E-ST STEPPER**

## **Model E-ST**

- Pre-wired for E Series PVS entertainment system
- Soft Trac \*pedals provide ultimate shock-absorbing comfort throughout the entire workout
- Multiple motivational and muscle-specific workout programs allow users to energize their workout, whether it's climbing the Empire State Building, with Famous Steps<sup>®</sup> or toning with the Glute Sculptor program
- Supportive Handrails including an Aero Bar that runs over the display allow comfortable hand placement at every angle
- StarTrac's popular adjustable personal fans create a more rewarding workout
- User weight capacity 350 lbs (159 kg)

OVERALL WEIGHT	WIDTH	LENGTH	HEIGHT
262 lbs (118.8 kg)	27" (69 cm)	43″ (110 cm)	70.25" (178.4 cm)

## FEATURES AND SPECIFICATIONS

PEDAL SIZE:  $11.5'' \times 6.5''$  (29.21 x 16.51 cm), open ended DISTANCE BETWEEN PEDALS (Q-FACTOR): 3.5'' (8.9 cm)

STEP RANGE OF MOTION: 14" (36 cm), independent stepping action

**ELECTRICAL:** Self-contained power supply, no external power needed. AC adapter is available for an upgrade

CERTIFICATION: UL/CSA, CE, FCC, or CISPR

COLORS: Frame: StarTrac Silver, Shrouds: Slate Gray, Accents: Black

**RESISTANCE:** 20 levels of intensity

HR MONITORING: Polar \* Telemetry and Contact Heart Rate System

DISPLAY: Intuitive, tactile response keypad with LED technology

**READOUTS:** 16-character message window; Dedicated: Time, floors climbed, heart rate, course profile, resistance level, motivational track; Scrolling: Calories, calories/ hour, watts, distance, speed, METs

PROGRAMS: 8 workouts including Famous Steps\*, Quick Start, Glute Sculptor, Thigh Toner, Fat Burner, Multi-Stage Fitness Test, Dynamic Heart Rate Control\* Constant Heart Rate Control

**STANDARD FEATURES:** Personal cooling fans, Soft Trac\* pedals, Aero Bar over display, dedicated heart rate display, FitLinxx\* certified

**ENTERTAINMENT:** Pre-wired for E Series PVS entertainment system

**WARRANTY:** 2 years Comprehensive Warranty for parts and labor support for the equipment, applicable on the basis of manufacturing defect only.

